

Comments From People Receiving Help

(The following comments are from different individuals separated by a space.)

To learn how to do counseling in an easy practical way, visit
www.collegemhc.com

For more on understanding and healing underlying childhood
experiences affecting adult relationships with self and others read
<http://www.amazon.com/Effective-Counseling-Skills-therapeutic-statements/dp/1442177993>

Excellent! What a unique perspective you have given me to consider. I do appreciate such an honest response. I definitely need to spend some time with these ideas to see if they resonate with me; I do think you are on to something, and I am excited. Thank you so much for your compassion and kindness, and time to respond to me. I appreciate you!

Thank you so much. You have given me insight and somehow inspired me to solve this, before it affects my future life and children. You have been so helpful!

Your reply was very helpful. Thank you for your time and thoughts.

Thank you for your response. I have been attending a 12 step for the past 16 months and it has really helped. I am willing to work on your suggestions and will add them to my recovery program.

Thank you for your great feedback. I will do my best.

Thanks very much for your help with this situation. You are very knowledgeable and I will definitely look into the article you provided for me. Thanks again.

Thank you so much for your reply. I try best to take your advice and go from there.

Thank you very much!!!

Thank you for your help. That was a great suggestion.

Dear sir, Thank you for your kind reply and hope that I will receive your kind help whenever in need. Thanks a lot!!

Such an eye-opening wise reply. I sent this question for other experts: your answer seems to me the best as it gives me a life lesson on reacting to my family. You are a professional consultant.

Thanks Daniel, I'll follow on what you have wrote to me...

I thought that Daniel's responses were very simple, yet effective. I plan on using one of them next time I need it. Thanks!

He is a good and polite man and expecting help in future

Thanks for your reply! That was really helpful!

Thank you sir, this is the great input from you, thank you and great advice

Thank you for your advice, it just confirms a lot of what I've already been doing including the journalling and the acceptance that I cannot change him. I am moving to a place of contentment even if I do wish things were different. Once again, thank you.

Thank you a lot.

Thank you very much. That is actually a very good suggestion. I'll have to spend some time convincing my husband to participate though. Anyway, that was very helpful. Thank you again.

Thanks. This gives me a place to start.

Thank you much. I think I already knew the answer however this really helped.

Thank you for helping me word what I wanted to say. I myself Start counseling this week. I don't know where to go from here considering my family is 500 miles away from me. Thanks again.

Thanks for the reply. I'll go through the websites you recommended.

Thank you for your response. I appreciated the speediness of it. The links you offered looked helpful. Your response could have addressed chronic illness as it pertains to parenting and mental wellness Thanks for what you wrote. -JA

Thank you! I will consider the course in the near future, after I complete my BS.

Thank you so much for your wonderful answer.

Thanks so much for your prompt reply. I feel taken cared of! :-)

Thank you Daniel. It's good to know that help is there, if you dare to ask. Your words reflected some of my thoughts, and I don't feel so off keel. Having a sounding board from a professional can really make a difference. May God continue to bless you, your loved ones, and all those you help.

Thank you for your answer. I will take your advice.

Thank you for your kind and considerate response. I feel sorry for not being able to fulfill my needs the way I was trying to, because I really feel a strong need to be loved and cared for. But I suspected that that was not the way to do the things and that the past things are definitely lost and I cannot get them back. I need to concentrate on the present and on the good things I may do toward others. Thanks for the advice.

I appreciate the advice!

Thanks for your kind and valuable inputs. It seems very reasonable. I'll try to practice these.

Thanks a lot!

Thanks... I really don't know what else to say. I'll try and take you up on your suggestions, but it is a relief to know I'm not ...crazy... Thank you for answering my question.

Daniel is too good and caring. The best thing about him is that after reading his response, no matter what your situation could be, you are left with some feel good emotions!!!

I really liked the way you broke it down and approached the situation so methodically. Thank you so much.

Thank you for the excellent response!

Thank you for your prompt answer. You have explained it to me in a very understandable way.

Thank you so much. I was at the meeting tonight and she did come by. We were discussing men and their remote control issues and she made the remark that at least we could watch tv with our husbands where as she had to wait for phone calls or emails. The room just got very quiet. This will help us in our situation and be forward with our feelings and not be mean.

Thank you again.

Thanks! Appreciate the specific response suggestions.

Very quick response! Will look into the advice received! Thanks again.

Thank you very much for your answer. I will keep GERD treatment but I'm going to continue on the therapy because I have fear of criticism.

Thank you sir, the steps you've given me seem easy to accomplish.

Thanks Daniel for your clear and concise answer. Helped me a lot.